

Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 27. January	Tuesday, 28. January	Wednesday, 29. January	Thursday, 30. January	Friday, 31. January
SOUP ASIA  Chicken cashew soup approx 219.56 cal. / Origin Switzerland	SOUP ASIA  Chicken cashew soup approx 219.56 cal. / Origin Switzerland	SOUP ASIA  Chicken cashew soup approx 219.56 cal. / Origin Switzerland	SOUP ASIA  Chicken cashew soup approx 219.56 cal. / Origin Switzerland	SOUP ASIA  Chicken cashew soup approx 219.56 cal. / Origin Switzerland
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
SOUP ITALIA  Cream soup with mascarpone, thyme and mushrooms approx 202.81 cal.	SOUP ITALIA  Cream soup with mascarpone, thyme and mushrooms approx 202.81 cal.	SOUP ITALIA  Cream soup with mascarpone, thyme and mushrooms approx 202.81 cal.	SOUP ITALIA  Cream soup with mascarpone, thyme and mushrooms approx 202.81 cal.	SOUP ITALIA  Cream soup with mascarpone, thyme and mushrooms approx 202.81 cal.
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ASIA WOK  Prawns or quorn cubes Pellala sauce Sesam rice approx 460.03 cal. / Fish, Origin Vietnam	ASIA WOK  Beef stripes or plantain Kao soy curry sauce Rice noodles with coriander approx 509.45 cal. / Beef, Origin Switzerland	ASIA WOK  Duck stripes or saitan slices Malaysian curry sauce Raisins rice approx 629.23 cal. / Origin France	ASIA WOK  Red snapper or tempeh Opor curry sauce Soba noodles approx 362.40 cal. / Fish, Origin Indonesia	ASIA WOK  Chicken breast cubes or sliced valesse Sumatra sauce Jasmine rice approx 485.98 cal. / Origin Switzerland
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
PASTARIA Tagliatelle Parmesan sauce with bacon, mushrooms and parsley approx 744.07 cal. / Pork, Origin Switzerland	PASTARIA  Organic rigatoni all' mattriciana with pancetta and onions approx 756.25 cal. / Pork, Origin Switzerland	PASTARIA Organic whole grain fusilli Tomato and ricotta cheese sauce Bresaola and radicchio approx 804.28 cal. / Beef, Origin Italy	PASTARIA Gnocchi Creamy tartufo sauce Zucchini strips and smoked turkey approx 656.72 cal. / Origin Switzerland	PASTARIA Ravioli di brasato Sweet sour capsicum nut butter Confit garlic approx 781.59 cal. / Beef, Origin Switzerland
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
DA PIZZI  Pizza with veal stripes and olives Pizza with balsamic onions and parmesan approx 1464.82 cal. / Beef, Origin Switzerland	DA PIZZI  Swiss raclette with glazed apples and red onions Potatoes and garnish approx 805.40 cal.	DA PIZZI  Pizza Calzone with ham and mushrooms Pizza with roquefort, pear and arugula approx 1495.67 cal. / Pork, Origin Switzerland	DA PIZZI Pizza with graved salmon and capers Pizza with San Marzano tomatoes and red onions approx 1454.88 cal. / Fish, Origin Norway	DA PIZZI  Pizza with bacon Pizza with peas, spinach and zucchini approx 1401.65 cal. / Pork, Origin Switzerland
INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50
GRILL & ROAST  Corn-fed poulard breast from the grill Gravy polenta Glazed radish approx 856.56 cal. / Origin France	GRILL & ROAST Beef steak tatar Toast and butter Garnishes approx 947.68 cal. / Beef, Origin Switzerland	GRILL & ROAST Veal steak from the grill Basil salsa Dauphin potatoes Mediterranean vegetables approx 1069.46 cal. / Beef, Origin Switzerland	GRILL & ROAST Pulled pork burger BBQ sauce and crispy onions Sweet potato fries Cabbage carrot salad approx 692.96 cal. / Pork, Origin Switzerland	GRILL & ROAST Sea bass saltimbocca Dried tomato limes emulsion Fregola sarda Romanesco approx 938.28 cal. / Fish, Origin Switzerland, Turkey
INT / EXT CHF 16.50 / 19.50	INT / EXT CHF 18.00 / 21.00	INT / EXT CHF 21.50 / 24.50	INT / EXT CHF 15.50 / 18.50	INT / EXT CHF 17.50 / 20.50
DESSERT  Tangerine-Caramel-Crème approx 366.32 cal.	DESSERT  Tapioca pudding with bananas and passion fruit approx 118.83 cal.	DESSERT  Crème brûlée with lemon grass and kaffir leaves approx 396.12 cal.	DESSERT  Steamed banana cake with coconut sauce approx 281.14 cal.	DESSERT  Panna Cotta with pandanus and ginger approx 463.04 cal.
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50