




























## Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 24. February	Tuesday, 25. February	Wednesday, 26. February	Thursday, 27. February	Friday, 28. February
<b>SOUP ASIA</b>  Miso soup with organic tofu and mu-err mushrooms <i>approx 50.82 cal.</i>	<b>SOUP ASIA</b>  Miso soup with organic tofu and mu-err mushrooms <i>approx 50.82 cal.</i>	<b>SOUP ASIA</b>  Miso soup with organic tofu and mu-err mushrooms <i>approx 50.82 cal.</i>	<b>SOUP ASIA</b>  Miso soup with organic tofu and mu-err mushrooms <i>approx 50.82 cal.</i>	<b>SOUP ASIA</b>  Miso soup with organic tofu and mu-err mushrooms <i>approx 50.82 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
<b>SOUP ITALIA</b>  Zucchini soup with date bell pepper chutney <i>approx 105.78 cal.</i>	<b>SOUP ITALIA</b>  Zucchini soup with date bell pepper chutney <i>approx 105.78 cal.</i>	<b>SOUP ITALIA</b>  Zucchini soup with date bell pepper chutney <i>approx 105.78 cal.</i>	<b>SOUP ITALIA</b>  Zucchini soup with date bell pepper chutney <i>approx 105.78 cal.</i>	<b>SOUP ITALIA</b>  Zucchini soup with date bell pepper chutney <i>approx 105.78 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
<b>ASIA WOK</b>  Duck stripes or edamame and mushrooms Bean soy sauce Fried rice <i>approx 709.66 cal. / Origin France</i>	<b>ASIA WOK</b>  Chicken strips or marinated organic seitan cubes Szechuan pepper sauce Fried noodles <i>approx 506.58 cal. / Origin Switzerland</i>	<b>ASIA WOK</b>  Veal strips or organic tofu Lemongrass chili sauce Jasmin rice <i>approx 490.85 cal. / Beef, Origin Switzerland</i>	<b>ASIA WOK</b>  Pork stripes or tempeh Thai oyster sauce Fried noodles with vegetables and eggs <i>approx 670.15 cal. / Pork, Origin Switzerland</i>	<b>ASIA WOK</b>  Sliced turkey or Valess cubes Bamboo sprouts sesame sauce Yellow rice <i>approx 520.56 cal. / Origin Switzerland</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
<b>PASTARIA</b>  Gnocchi with cherry tomatoes Sautéed giant prawns Mascarpone sauce <i>approx 562.37 cal. / Fish, Origin Vietnam</i>	<b>PASTARIA</b>  Orangic fusilli with basil pesto Feta cheese, zucchini, eggplant and bell peppers <i>approx 657.36 cal.</i>	<b>PASTARIA</b> Organic tomato creste di gallo with chorizo manchego sauce Kale with chili <i>approx 819.79 cal. / Pork, Origin Switzerland</i>	<b>PASTARIA</b>  Cream cheese tortelli Lemon butter Sugar peas and pistachios <i>approx 825.52 cal.</i>	<b>PASTARIA</b>  Organic gnocchetti Nut pesto Beans and pastrami <i>approx 1234.68 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
<b>DA PIZZI</b>  Pizza with smoked bacon Pizza with mushrooms, spinach and parmesan <i>approx 1643.80 cal. / Pork, Origin Switzerland</i>	<b>DA PIZZI</b>  Raclette cheese with potatoes, pear, ham and garnishes Homemade raclette spice <i>approx 805.40 cal. / Pork</i>	<b>DA PIZZI</b>  Pizza with smoked turkey and pesto Pizza with eggplants, Herb salad and pomegranate <i>approx 1522.56 cal. / Origin Switzerland</i>	<b>DA PIZZI</b>  Pizza with ham and artichokes Pizza with smoked scamorza and datterini <i>approx 1446.62 cal. / Pork, Origin Switzerland</i>	<b>DA PIZZI</b>  Pizza with vongole and marinara sauce Pizza vegetariana <i>approx 1355.08 cal. / Fish, Origin Italy</i>
INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50
<b>GRILL &amp; ROAST</b>  Beef tagliata Redwine onions Lemon risotto Marinated date tomatoes <i>approx 790.99 cal. / Beef, Origin Switzerland</i>	<b>GRILL &amp; ROAST</b> Whole roasted pork steak Bearnaise sauce Straw potatoes Carrots and turnip cabbage <i>approx 1081.89 cal. / Pork, Origin Switzerland</i>	<b>GRILL &amp; ROAST</b>  Grilled tuna steak Passionfruit coriander salsa Soban noodle salad with vegetable stripes Sprouts and sesame seeds <i>approx 706.09 cal. / Fish, Origin Norway</i>	<b>GRILL &amp; ROAST</b> Cheese burger Beef patty in a sesame bun crispy bacon and cheddar cheese Spicy ketchup French fries with herbs <i>approx 865.37 cal. / Origin Switzerland</i>	<b>GRILL &amp; ROAST</b> Minced veal pattys Chili tomato jam Crispy onion rings Cucumber salad with dill <i>approx 976.51 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 17.50 / 20.50	INT / EXT CHF 15.50 / 18.50	INT / EXT CHF 17.50 / 20.50	INT / EXT CHF 17.00 / 20.00	INT / EXT CHF 16.50 / 19.50
<b>DESSERT</b>  Almond pudding <i>approx 185.15 cal.</i>	<b>DESSERT</b> Berries amaretti trifle <i>approx 149.22 cal.</i>	<b>DESSERT</b> Orange cake <i>approx 238.55 cal.</i>	<b>DESSERT</b>  Sweet pumpkin cream <i>approx 125.12 cal.</i>	<b>DESSERT</b> Prune cappucino <i>approx 162.54 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50