








# Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 14. July	Tuesday, 15. July	Wednesday, 16. July	Thursday, 17. July	Friday, 18. July
<b>SUPPE</b> Cream of corn soup  <i>approx 118.4 cal.</i> 2.50	 <b>SUPPE</b> Carrot, ginger and coconut soup  <i>approx 95.8 cal.</i> 2.50	 <b>SUPPE</b> Vegan fennel soup  <i>approx 66.7 cal.</i> 2.50	 <b>SUPPE</b> Stars of the season - Tomatoes Gazpacho with herbed croutons <i>approx 203.8 cal.</i> 2.50	 <b>SUPPE</b> Vegetable broth with vermicelli and vegetable strips  <i>approx 51.2 cal.</i> 2.50
<b>AROUND THE WORLD</b> Beef meatloaf Mustard and horseradish dip Potato salad Oven-baked carrots  <i>approx 1013.7 cal. / Meatloaf (beef, veal): Switzerland</i> INT CHF 12.00 / EXT CHF 15.50	<b>AROUND THE WORLD</b> Stars of the season - Tomatoes Pork Saltimbocca Tomato and basil sauce Spaghetti Fennel with herbs <i>approx 667.8 cal. / Pork: Switzerland</i> INT CHF 12.00 / EXT CHF 15.50	<b>AROUND THE WORLD</b>  Sliced chicken African style with peanut, chilli and coriander Jasmine rice Cacao beans <i>approx 881.5 cal. / Chicken: Switzerland</i> INT CHF 12.00 / EXT CHF 15.50	<b>AROUND THE WORLD</b>  Stars of the season - Tomatoes Marinated dorade fillet Lemon slice Kritharaki pasta Spinach <i>approx 630.2 cal. / Gilthead: Turkey</i> INT CHF 12.00 / EXT CHF 15.50	<b>AROUND THE WORLD</b>  Breaded veal sausage schnitzel Red wine sauce Fried potatoes Steamed sugar snap peas <i>approx 824.0 cal. / Escalope (veal, pork): Switzerland</i> INT CHF 12.00 / EXT CHF 15.50
<b>ENJOY GREEN</b>  Stars of the season - Tomatoes Tomato risotto with breaded mozzarella sticks, ricotta and marinated rocket  <i>approx 841.4 cal.</i> INT CHF 9.00 / EXT CHF 12.50	<b>ENJOY GREEN</b>  Falafel schnitzel Soy yoghurt dip with mint Lime couscous Baked courgettes  <i>approx 743.2 cal.</i> INT CHF 9.00 / EXT CHF 12.50	<b>ENJOY GREEN</b>  Stars of the season - Tomatoes Vegetable quesadilla gratinated with cheddar cheese Tomato salad with onions and coriander Guacamole <i>approx 750.8 cal.</i> INT CHF 9.00 / EXT CHF 12.50	<b>ENJOY GREEN</b>  Vegan Swedish meatballs with pea protein Cranberry sauce Mashed potatoes Cucumber and dill salad  <i>approx 694.2 cal.</i> INT CHF 9.00 / EXT CHF 12.50	<b>ENJOY GREEN</b>  Stars of the season - Tomatoes Parmigiana Aubergine casserole with tomato sauce, mozzarella and basil Rosemary focaccia Marinated purslane <i>approx 758.5 cal. / Bread: Italy</i> INT CHF 9.00 / EXT CHF 12.50
<b>DESSERT</b>  Coffee flan with whipped cream <i>approx 305.1 cal.</i> 2.50	<b>DESSERT</b>  Elderflower mousse  <i>approx 223.9 cal.</i> 2.50	<b>DESSERT</b>  Rhubarb and vanilla trifle  <i>approx 152.7 cal.</i> 2.50	<b>DESSERT</b>  Brownie  <i>approx 350.4 cal.</i> 2.50	<b>DESSERT</b>  Rice pudding with wild berry sauce <i>approx 279.3 cal.</i> 2.50