# Staff restaurant Eldora - Roche Quadra Terra / Quadra

| Monday, 25. January | Tuesday, 26. January | Wednesday, 27. January | Thursday, 28. January | Friday, 29. January |
|---|---|---|---|---|
| **SOUP** | **SOUP** | **SOUP** | **SOUP** | **SOUP** |
| Celery cream soup<br>*approx 171.48 cal.* | Coconut lemongras soup<br>*approx 121.16 cal.* | Potato-spinach soup<br>*approx 167.06 cal.* | Carrot and ginger soup<br>*approx 132.02 cal.* | Romanesco soup<br>*approx 81.12 cal.* |
| INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 |
| **ALPINE CUISINE** | **ALPINE CUISINE** | **ALPINE CUISINE** | **ALPINE CUISINE** | **ALPINE CUISINE** |
| Minced meat with Hörnli<br>Beef sauce<br>Homemade applesauce<br>Grated cheese<br><br>*approx 878.73 cal. / Beef, Origin Switzerland* | Pork escalope "Vienna Style"<br>Ketchup<br>French fries<br>Romanesco<br><br>*approx 793.14 cal. / Pork, Origin Switzerland* | Braised beef roulade<br>Merlot sauce<br>Homemade tagliatelle<br>Peas and carrots<br><br>*approx 714.71 cal. / Beef, Pork, Origin Switzerland* | Veal strips with coarse mustard sauce<br>Fried potatoes with rosemary<br>Glazed mixed vegetables<br><br>*approx 648.29 cal. / Beef, Origin Switzerland* | Breaded cod fillet<br>Tartar sauce<br>Wild rice<br>Steamed spinach leaves<br><br>*approx 923.79 cal. / Fish, Origin Netherlands* |
| INT / EXT CHF 11.50 / 14.50 | INT / EXT CHF 11.50 / 14.50 | INT / EXT CHF 11.50 / 14.50 | INT / EXT CHF 11.50 / 14.50 | INT / EXT CHF 11.50 / 14.50 |
| **AROUND THE WORLD** | **AROUND THE WORLD** | **AROUND THE WORLD** | **AROUND THE WORLD** | **AROUND THE WORLD** |
| Vegetable tikka masala<br>Indian vegetables pot stew<br>Bell pepper - tomato sauce<br>Jasmine fragrant rice<br><br>*approx 591.73 cal.* | Fried halloumi<br>Sweet Chili Sauce<br>Couscous with fennel seeds<br>Oriental vegetables<br><br>*approx 585.39 cal.* | Vegetarian dim sum<br>Soy ginger sauce<br>Fried rice<br>Pak Choi with Mu Err mushrooms<br><br>*approx 600.63 cal.* | Chickpea stew<br>Marrakesh with harissa<br>Pickled radish<br>Raita sauce<br>Sweet potato fries<br>*approx 450.62 cal.* | Mexican burger<br>Red burger bun<br>Jalapenos mayonnaise<br>Tortilla chips<br><br>*approx 1531.80 cal.* |
| INT / EXT CHF 8.50 / 11.50 | INT / EXT CHF 8.50 / 11.50 | INT / EXT CHF 8.50 / 11.50 | INT / EXT CHF 8.50 / 11.50 | INT / EXT CHF 8.50 / 11.50 |
| **DESSERT** | **DESSERT** | **DESSERT** | **DESSERT** | **DESSERT** |
| Mini dessert selection<br>*approx 273.79 cal.* | Apple tiramisu<br>*approx 206.85 cal.* | Dark chocolate mousse<br>*approx 792.41 cal.* | Aargauer Carrot cake<br>*approx 218.81 cal.* | Bavarian cream with wild berries<br>*approx 393.06 cal.* |
| INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 | INT / EXT CHF 1.80 / 2.50 |