# Staff restaurant Eldora - Roche Quadra Lago / Quadra

| Monday, 24. January | Tuesday, 25. January | Wednesday, 26. January | Thursday, 27. January | Friday, 28. January |
|---|---|---|---|---|
| **SOUP**<br>Peanut soup with chili<br>*approx 395.4 cal.* | **SOUP**<br>Vegan carrot orange soup<br>*approx 85.4 cal.* | **SOUP**<br>Hot and sour fish soup with pineapple, tomatoes, and branch celery<br>*approx 106.9 cal. / Salmon: Norway* | **SOUP**<br>Indian chickpea soup with coconut milk<br>*approx 186.4 cal.* | **SOUP**<br>Vegan beetroot soup<br>*approx 69.6 cal.* |
| INT CHF 1.80 / EXT CHF 2.50 | INT CHF 1.80 / EXT CHF 2.50 | INT CHF 1.80 / EXT CHF 2.50 | INT CHF 1.80 / EXT CHF 2.50 | INT CHF 1.80 / EXT CHF 2.50 |
| **ASIA WOK**<br>Chicken breast strips, salmon tempura, vegan meatballs<br>Massaman curry sauce, sweet chili sauce<br>Jasmine rice<br>Wok vegetables with mushrooms<br>*approx 731.6 cal. / Chicken: Switzerland, Salmon: Norway* | **ASIA WOK**<br>Chicken breast strips, salmon tempura, vegan meatballs<br>Massaman curry sauce, sweet chili sauce<br>Jasmine rice<br>Wok vegetables with mushrooms<br>*approx 731.6 cal. / Chicken: Switzerland, Salmon: Norway* | **ASIA WOK**<br>Chicken breast strips, salmon tempura, vegan meatballs<br>Massaman curry sauce, sweet chili sauce<br>Jasmine rice<br>Wok vegetables with mushrooms<br>*approx 731.6 cal. / Chicken: Switzerland, Salmon: Norway* | **ASIA WOK**<br>Chicken breast strips, salmon tempura, vegan meatballs<br>Massaman curry sauce, sweet chili sauce<br>Jasmine rice<br>Wok vegetables with mushrooms<br>*approx 731.6 cal. / Chicken: Switzerland, Salmon: Norway* | **ASIA WOK**<br>Chicken breast strips, salmon tempura, vegan meatballs<br>Massaman curry sauce, sweet chili sauce<br>Jasmine rice<br>Wok vegetables with mushrooms<br>*approx 731.6 cal. / Chicken: Switzerland, Salmon: Norway* |
| INT CHF 14.50 / EXT CHF 17.50 | INT CHF 14.50 / EXT CHF 17.50 | INT CHF 14.50 / EXT CHF 17.50 | INT CHF 14.50 / EXT CHF 17.50 | INT CHF 14.50 / EXT CHF 17.50 |
| **DA PIZZI**<br>Pizza Cardinali<br>with tuna, anchovies, artichokes, olives and bell peppers<br>Pizza Prosciutto e funghi<br>with ham and mushrooms<br>*approx 1964.2 cal. / Tuna: Thailand, Anchovies: Spain*<br>*Ham (pork): Switzerland* | **DA PIZZI**<br>Pizza Cardinali<br>with tuna, anchovies, artichokes, olives and bell peppers<br>Pizza Prosciutto e funghi<br>with ham and mushrooms<br>*approx 1964.2 cal. / Tuna: Thailand, Anchovies: Spain*<br>*Ham (pork): Switzerland* | **DA PIZZI**<br>Pizza Cardinali<br>with tuna, anchovies, artichokes, olives and bell peppers<br>Pizza Prosciutto e funghi<br>with ham and mushrooms<br>*approx 1964.2 cal. / Tuna: Thailand, Anchovies: Spain*<br>*Ham (pork): Switzerland* | **DA PIZZI**<br>Pizza Cardinali<br>with tuna, anchovies, artichokes, olives and bell peppers<br>Pizza Prosciutto e funghi<br>with ham and mushrooms<br>*approx 1964.2 cal. / Tuna: Thailand, Anchovies: Spain*<br>*Ham (pork): Switzerland* | **DA PIZZI**<br>Pizza Cardinali<br>with tuna, anchovies, artichokes, olives and bell peppers<br>Pizza Prosciutto e funghi<br>with ham and mushrooms<br>*approx 1964.2 cal. / Tuna: Thailand, Anchovies: Spain*<br>*Ham (pork): Switzerland* |
| INT CHF 12.50 / EXT CHF 15.50 | INT CHF 12.50 / EXT CHF 15.50 | INT CHF 12.50 / EXT CHF 15.50 | INT CHF 12.50 / EXT CHF 15.50 | INT CHF 12.50 / EXT CHF 15.50 |
| **DA PIZZI VEGETARIAN**<br>Vegan Pizza Ortolana<br>with artichokes, bell peppers, courgettes and aubergine<br>Pizza Margherita<br>Mozzarella, basil, tomato<br>*approx 1771.3 cal.* | **DA PIZZI VEGETARIAN**<br>Vegan Pizza Ortolana<br>with artichokes, bell peppers, courgettes and aubergine<br>Pizza Margherita<br>Mozzarella, basil, tomato<br>*approx 1771.3 cal.* | **DA PIZZI VEGETARIAN**<br>Vegan Pizza Ortolana<br>with artichokes, bell peppers, courgettes and aubergine<br>Pizza Margherita<br>Mozzarella, basil, tomato<br>*approx 1771.3 cal.* | **DA PIZZI VEGETARIAN**<br>Vegan Pizza Ortolana<br>with artichokes, bell peppers, courgettes and aubergine<br>Pizza Margherita<br>Mozzarella, basil, tomato<br>*approx 1771.3 cal.* | **DA PIZZI VEGETARIAN**<br>Vegan Pizza Ortolana<br>with artichokes, bell peppers, courgettes and aubergine<br>Pizza Margherita<br>Mozzarella, basil, tomato<br>*approx 1771.3 cal.* |
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| Schweinsbratwurst, Rindsburger, Green Mountain Bur CHF 12.50 / Schweinssteak CHF 14.50 / 19.50 | Schweinsbratwurst, Rindsburger, Green Mountain Bur CHF 12.50 / Schweinssteak CHF 14.50 / 19.50 | Schweinsbratwurst, Rindsburger, Green Mountain Bur CHF 12.50 / Schweinssteak CHF 14.50 / 19.50 | Schweinsbratwurst, Rindsburger, Green Mountain Bur CHF 12.50 / Schweinssteak CHF 14.50 / 19.50 | Schweinsbratwurst, Rindsburger, Green Mountain Bur CHF 12.50 / Schweinssteak CHF 14.50 / 19.50 |
| **DESSERT**<br>Lime pudding with mango<br>*approx 239.9 cal.* | **DESSERT**<br>Vegan tiramisu with caramelised apples<br>*approx 264.1 cal.* | **DESSERT**<br>Almond cake with lime crème fraîche<br>*approx 294.5 cal.* | **DESSERT**<br>Vegan Cheesecake with Raspberries<br>*approx 661.0 cal.* | **DESSERT**<br>Orange cream with almond crunch<br>*approx 406.1 cal.* |
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