

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 10. August	Tuesday, 11. August	Wednesday, 12. August	Thursday, 13. August	Friday, 14. August
SOUP  Lentil soup <i>approx 58.41 cal.</i> INT / EXT CHF 1.80 / 2.50	SOUP  Chicken broth with egg and chives <i>approx 89.50 cal. / Origin Switzerland</i> INT / EXT CHF 1.80 / 2.50	SOUP  Cold watermelon soup <i>approx 49.10 cal.</i> INT / EXT CHF 1.80 / 2.50	SOUP Tomato coconut soup with chicken <i>approx 74.83 cal. / Origin Switzerland</i> INT / EXT CHF 1.80 / 2.50	SOUP  Vegetable cream soup <i>approx 105.74 cal.</i> INT / EXT CHF 1.80 / 2.50
ALPINE CUISINE  Saffron risotto Fried mushrooms Peas Herb salad <i>approx 903.42 cal.</i> INT / EXT CHF 8.50 / 11.50	ALPINE CUISINE  Falafel balls Sesame sauce Spiced cous cous Baked eggplant <i>approx 580.80 cal.</i> INT / EXT CHF 8.50 / 11.50	ALPINE CUISINE  Dumplings with vegetable filling Soy chilli sauce Fried rice Asian vegetable salad <i>approx 655.58 cal.</i> INT / EXT CHF 8.50 / 11.50	ALPINE CUISINE  Appenzeller cheese noodles Cheese cream sauce Roasted onions Caramelized apple slices <i>approx 760.37 cal.</i> INT / EXT CHF 8.50 / 11.50	ALPINE CUISINE  Homemade pasta Cinque P Parmesan, parsley, pepper, tomato sauce and cream <i>approx 936.21 cal.</i> INT / EXT CHF 8.50 / 11.50
AROUND THE WORLD Pork roast Green pepper sauce Wholemeal fusilli pasta Gratinated tomato with parmesan <i>approx 840.39 cal. / Pork, Origin Switzerland</i> INT / EXT CHF 11.50 / 14.50	AROUND THE WORLD  Grilled chicken thigh steaks Homemade BBQ sauce French fries Mixed vegetables <i>approx 630.70 cal. / Origin Switzerland</i> INT / EXT CHF 11.50 / 14.50	AROUND THE WORLD Lasagne al forno with minced meat Tomato sauce Marinated arugula salad <i>approx 868.96 cal. / Beef, Pork, Origin Switzerland</i> INT / EXT CHF 11.50 / 14.50	AROUND THE WORLD Baked pollack nuggets Remoulade sauce Boiled potatoes Spinach <i>approx 667.13 cal. / Fish, Origin Northeast Pacific</i> INT / EXT CHF 11.50 / 14.50	AROUND THE WORLD  Caramelised pork Rice noodles Pak Choi with sesame and chili <i>approx 775.04 cal. / Pork, Origin Switzerland</i> INT / EXT CHF 11.50 / 14.50
DESSERT Apple compote with yoghurt cream <i>approx 187.60 cal.</i> INT / EXT CHF 1.80 / 2.50	DESSERT Fig and wild strawberry dessert <i>approx 122.61 cal.</i> INT / EXT CHF 1.80 / 2.50	DESSERT Lemon curd cake <i>approx 246.96 cal.</i> INT / EXT CHF 1.80 / 2.50	DESSERT Pineapple yoghurt milk rice <i>approx 158.56 cal.</i> INT / EXT CHF 1.80 / 2.50	DESSERT Apricot cake <i>approx 141.64 cal.</i> INT / EXT CHF 1.80 / 2.50