

## Staff restaurant Eldora - Roche Convivo / Convivo

Monday, 30. January	Tuesday, 31. January	Wednesday, 01. February	Thursday, 02. February	Friday, 03. February
<b>SUPPE</b>    Vegan potato soup <i>approx 97.9 cal.</i>	<b>SUPPE</b>    Vegan lentil soup <i>approx 133.2 cal.</i>	<b>SUPPE</b>    Carrot cream soup <i>approx 84.8 cal.</i>	<b>SUPPE</b>    Vegan pea soup <i>approx 115.5 cal.</i>	<b>SUPPE</b>    Chicken broth with fried batter pearls and vegetables <i>approx 68.7 cal.</i>
INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50
<b>ALPENKÜCHE</b>   Lentil and vegetable bolognese Whole grain fusilli Marinated rocket <i>approx 650.0 cal.</i>	<b>ALPENKÜCHE</b>   Pork cordon bleu French fries Steamed carrots Ketchup <i>approx 878.8 cal. / Cordon bleu (Pork): Switzerland</i>	<b>ALPENKÜCHE</b>    Meatloaf Red wine gravy Noodles Steamed peas <i>approx 779.6 cal. / Meatloaf (beef): Switzerland</i>	<b>ALPENKÜCHE</b>    Pork stew Mushroom cream sauce Roesti Green beans <i>approx 620.7 cal. / Pork: Switzerland</i>	<b>ALPENKÜCHE</b>    Vegetable Frittata Tomato curd dip Marinated salad spinach <i>approx 280.8 cal.</i>
INT CHF 8.50 / EXT CHF 11.50	INT CHF 11.50 / EXT CHF 14.50	INT CHF 11.50 / EXT CHF 14.50	INT CHF 11.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 11.50
<b>AROUND THE WORLD</b>   Veal pojarski Green pepper cream sauce Fried potatoes Broccoli <i>approx 696.1 cal. / Pojarski (veal): Switzerland</i>	<b>AROUND THE WORLD</b>   Organic tofu steak Hoisin sauce Egg fried rice Vegetable papaya pak choi vegetables with soy-mirin marinade <i>approx 719.3 cal.</i>	<b>AROUND THE WORLD</b>    Sweet potato falafel Tomato hummus Lemon couscous Roasted cauliflower Pine nuts <i>approx 593.9 cal.</i>	<b>AROUND THE WORLD</b>    Spicy shakshuka from the oven Toasted white bread Saffron rice with dates and almonds Watercress with sumac <i>approx 688.3 cal.</i>	<b>AROUND THE WORLD</b>    Fried red trout fillet Herb cream sauce Barley risotto Fennel with oranges and tomatoes <i>approx 830.3 cal. / Trout: Italy</i>
INT CHF 11.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 11.50 / EXT CHF 14.50
<b>DESSERT</b>   Banana cream with honey nuts <i>approx 290.5 cal.</i>	<b>DESSERT</b>   Chocolate mousse <i>approx 301.3 cal.</i>	<b>DESSERT</b>   Tyrolese cake <i>approx 264.0 cal.</i>	<b>DESSERT</b>    Caramel cream <i>approx 218.5 cal.</i>	<b>DESSERT</b>    Amaretti and plum trifle <i>approx 172.8 cal.</i>
INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50