

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 19. October	Tuesday, 20. October	Wednesday, 21. October	Thursday, 22. October	Friday, 23. October
<p>SOUP</p> <p>Chicken broth with pasta <i>approx 29.80 cal. / Origin Switzerland</i></p>	<p> SOUP</p> <p>Pumpkin coconut soup <i>approx 199.92 cal.</i></p>	<p>  SOUP</p> <p>Grison barley soup <i>approx 200.23 cal. / Beef, Origin Switzerland</i></p>	<p>  SOUP</p> <p>Miso soup with vegetables <i>approx 255.42 cal.</i></p>	<p> SOUP</p> <p>Creamy mushroom soup <i>approx 172.39 cal.</i></p>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
<p>ALPINE CUISINE</p> <p>Spinach-Ricotta Tortellini Homemade herb pesto Cherry tomatoes and courgettes Grated cheese <i>approx 913.85 cal.</i></p>	<p> ALPINE CUISINE</p> <p>Chicken thigh steaks in a cornflakes coat Smoky BBQ sauce French fries Steamed peas <i>approx 748.82 cal. / Origin Switzerland</i></p>	<p> ALPINE CUISINE</p> <p>Homemade mushroom strudel Celery nut curd Red cabbage with cranberries Glazed Brussels sprouts <i>approx 680.01 cal.</i></p>	<p> ALPINE CUISINE</p> <p>Pork sausage Onion sauce Rösti Mixed vegetables <i>approx 1021.83 cal. / Pork, Origin Switzerland</i></p>	<p>ALPINE CUISINE</p> <p>Fish fritters Tartar sauce Boiled potatoes Spinach <i>approx 668.44 cal. / Fish</i></p>
INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50
<p>AROUND THE WORLD</p> <p>Lamb curry Sri Lanka style Raita Basmati rice with almonds Oven roasted eggplants <i>approx 485.08 cal. / Origin Switzerland</i></p>	<p> AROUND THE WORLD</p> <p>Dim Sum Vegi Dim Sum Soy Ginger Dip Fried rice Pak Choi with Mu-Err mushrooms <i>approx 679.95 cal.</i></p>	<p> AROUND THE WORLD</p> <p>Italian beef casserole with tomatoes and white beans Roasted gnocchi Carrot vegetables <i>approx 693.99 cal. / Beef, Origin Switzerland</i></p>	<p> AROUND THE WORLD</p> <p>Fried Asian noodles with tofu Hoisin soy sauce Asian vegetables Roasted sesame <i>approx 560.30 cal.</i></p>	<p> AROUND THE WORLD</p> <p>Risotto with pumpkin cubes Walnuts Grated cheese Marinated Rocket salad <i>approx 2862.08 cal.</i></p>
INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50
<p>DESSERT</p> <p>Orange trifle <i>approx 145.32 cal.</i></p>	<p>DESSERT</p> <p>Organic Apple tiramisu <i>approx 413.70 cal.</i></p>	<p>DESSERT</p> <p>Banana chocolate cake <i>approx 273.79 cal.</i></p>	<p>DESSERT</p> <p>Cherry - yoghurt mousse <i>approx 304.21 cal.</i></p>	<p>DESSERT</p> <p>Vanilla cream <i>approx 137.56 cal.</i></p>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50