

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 01. March	Tuesday, 02. March	Wednesday, 03. March	Thursday, 04. March	Friday, 05. March
SOUP  Vegetable cream soup with croutons <i>approx 191.86 cal.</i>	SOUP Chicken soup with pancake and chives <i>approx 89.50 cal.</i>	SOUP  Fennel cream soup with apple <i>approx 49.76 cal.</i>	SOUP  Sweet and hot soup <i>approx 144.80 cal.</i>	SOUP  Pepper cream soup with sambal oelek <i>approx 116.60 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
ALPINE CUISINE Homemade lasagna with beef, vegetables, bechamel sauce and grated cheese Tomato sauce Antipasti <i>approx 2231.45 cal. / Beef, Origin Switzerland</i>	ALPINE CUISINE BIO oven-fresh meat loaf from Uelihof Strong thyme jus Mashed potatoes Fennel au gratin <i>approx 840.30 cal. / Beef, Pork, Origin Switzerland</i>	ALPINE CUISINE Potato and carrot patties Oven vegetables Herb curd Fried egg <i>approx 881.43 cal.</i>	ALPINE CUISINE  Allgäuer Spätzle Cream cheese sauce Deep fried onion rings Apple compote with cinnamon <i>approx 853.25 cal.</i>	ALPINE CUISINE  Fried salmon slice Herb vinaigrette Quinoa with raisins Cauliflower with turmeric <i>approx 875.78 cal. / Fish, Origin Norway</i>
INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50
AROUND THE WORLD  Vegetarian Burrito Tomato sauce Tortilla chips Sour cream <i>approx 851.40 cal.</i>	AROUND THE WORLD  Vegan lentil daal with fresh vegetables Indian yogurt dip Papadums <i>approx 278.65 cal.</i>	AROUND THE WORLD  Fried chicken breast Teriyaki sauce Jasmine rice with sesame seeds Wakame cucumber salad <i>approx 705.54 cal. / Origin Switzerland</i>	AROUND THE WORLD  Beef meat balls with spicy tomato sauce Lemon rice Oven roasted peppers <i>approx 635.62 cal. / Beef, Origin Switzerland</i>	AROUND THE WORLD Spinach cheese quiche Curd of roasted nuts Vital salad <i>approx 863.62 cal. / Pork</i>
INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50
DESSERT  Mini Pain au Chocolat <i>approx 174.72 cal.</i>	DESSERT  Burnt cream with nougat <i>approx 640.65 cal.</i>	DESSERT  Dessert selection <i>approx 487.06 cal.</i>	DESSERT  Dark chocolate mousse <i>approx 792.41 cal.</i>	DESSERT  Almond cream <i>approx 329.40 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50