



















Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 02. December	Tuesday, 03. December	Wednesday, 04. December	Thursday, 05. December	Friday, 06. December
SOUP ASIA  Pak Tom jeud <i>approx 125.90 cal.</i>	SOUP ASIA  Pak Tom jeud <i>approx 125.90 cal.</i>	SOUP ASIA  Pak Tom jeud <i>approx 125.90 cal.</i>	SOUP ASIA  Pak Tom jeud <i>approx 125.90 cal.</i>	SOUP ASIA  Pak Tom jeud <i>approx 125.90 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
SOUP ITALIA  White tomato soup with focaccia-croustons <i>approx 54.68 cal.</i>	SOUP ITALIA  White tomato soup with focaccia-croustons <i>approx 54.68 cal.</i>	SOUP ITALIA  White tomato soup with focaccia-croustons <i>approx 54.68 cal.</i>	SOUP ITALIA  White tomato soup with focaccia-croustons <i>approx 54.68 cal.</i>	SOUP ITALIA  White tomato soup with focaccia-croustons <i>approx 54.68 cal.</i>
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ASIA WOK  Fried shrimps or quorn cubes Miso mushroom sauce Yellow rice <i>approx 581.77 cal. / Fish, Origin Vietnam</i>	ASIA WOK  Crispy pork belly or fried plantain Honey garlic sauce Mie noodles <i>approx 999.35 cal. / Pork, Origin Switzerland</i>	ASIA WOK  Pork strips or tempeh Sweet and sour Cashew rice <i>approx 746.78 cal. / Pork, Origin Switzerland</i>	ASIA WOK  Chicken breast slices or tofu cubes Peanut sauce Rice noodles Thai style <i>approx 726.60 cal. / Origin Switzerland</i>	ASIA WOK  Veal stripes or valeess stripes Panang curry sauce Star anis rice <i>approx 439.78 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
PASTARIA  Organic Penne Bolognese vero <i>approx 804.44 cal. / Beef, Origin Switzerland</i>	PASTARIA  Saffron spinach risotto with sautéed mushrooms Cured egg yolk <i>approx 496.90 cal.</i>	PASTARIA  Organic wholemeal fusilli with turkey strips, olive pesto, roasted eggplant cubes and arugula <i>approx 588.86 cal. / Origin Switzerland</i>	PASTARIA  Organic spaghetti Arugula dried tomatoes pesto Feta cubes <i>approx 960.11 cal.</i>	PASTARIA Organic spinach-creste di gallo with salmon cubes Cashew lemon sauce and spinach <i>approx 836.99 cal. / Fish, Origin Norway</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
DA PIZZI  Pizza with ham and mushrooms Pizza with broccoli, romanesco and spinach <i>approx 1378.00 cal. / Pork, Origin Switzerland</i>	DA PIZZI  Pizza with shrimps and zucchini Pizza with date tomatoes and mascarpone <i>approx 1584.96 cal. / Fish, Origin Vietnam</i>	DA PIZZI  Pizza with veal carpaccio Pizza with corn, beans and carrots <i>approx 1416.81 cal. / Beef, Origin Switzerland</i>	DA PIZZI  Pizza with tuna, red onions and parsley Pizza with antipasti and mozzarella balls <i>approx 1493.99 cal. / Fish, Origin Philippines</i>	DA PIZZI  Pizza with bacon and egg Pizza with chilli sin carne, sour cream and pepperoni cubes <i>approx 1491.64 cal. / Pork, Origin Switzerland</i>
INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50
GRILL & ROAST Pink roasted duck breast Orange Sauce Napkin dumplings Black salsify with tarragon <i>approx 793.82 cal. / Origin France</i>	GRILL & ROAST Grilled curry-sausage Spicy Berlin curry sauce French fries <i>approx 785.64 cal. / Pork, Origin Switzerland</i>	GRILL & ROAST Veal escalope Creamy mushroom sauce Butter noodles Spinach <i>approx 738.62 cal. / Beef, Origin Switzerland</i>	GRILL & ROAST Fish'n chips Fillet of plaice in bier batter Parsley fries Mashed peas <i>approx 663.69 cal. / Fish</i>	GRILL & ROAST Half Pounder-Texas Burger Juicy beef patty Brioche bun, BBQ sauce Lago coleslaw Crispy onion rings <i>approx 865.37 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 17.50 / 20.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 17.50 / 20.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 19.50 / 22.50
DESSERT Sweet chestnut puree <i>approx 179.70 cal.</i>	DESSERT Chocolate mousse <i>approx 265.24 cal.</i>	DESSERT  Homemade apple strudel with vanilla sauce <i>approx 59.50 cal.</i>	DESSERT  Pear yogurt cream <i>approx 182.41 cal.</i>	DESSERT Bündner nutcake trifle <i>approx 266.33 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50