































Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 11. November	Tuesday, 12. November	Wednesday, 13. November	Thursday, 14. November	Friday, 15. November
DAILY SOUP   Vegan kohlrabi soup <i>approx 68.9 cal.</i> 2.50	DAILY SOUP Vegetable broth with pancake ribbons and vegetable strips <i>approx 52.2 cal.</i> 2.50	DAILY SOUP   Cauliflower tahini soup <i>approx 177.7 cal.</i> 2.50	DAILY SOUP   Vegan celery soup <i>approx 64.7 cal.</i> 2.50	DAILY SOUP  Curried pea soup <i>approx 147.5 cal.</i> 2.50
DA PIZZI Pizza Diavola with spicy salami, bacon, peperoncini, onions <i>approx 1081.2 cal. / Chorizo (pork): Switzerland, Bacon (pork): Switzerland</i> 14.90	DA PIZZI Pizza Diavola with spicy salami, bacon, peperoncini, onions <i>approx 1081.2 cal. / Chorizo (pork): Switzerland, Bacon (pork): Switzerland</i> 14.90	DA PIZZI Pizza Diavola with spicy salami, bacon, peperoncini, onions <i>approx 1081.2 cal. / Chorizo (pork): Switzerland, Bacon (pork): Switzerland</i> 14.90	DA PIZZI Pizza Diavola with spicy salami, bacon, peperoncini, onions <i>approx 1081.2 cal. / Chorizo (pork): Switzerland, Bacon (pork): Switzerland</i> 14.90	DA PIZZI The Menu Counter will be closed today. 14.90
DA PIZZI VEGI  Pizza Popeye with spinach and fried egg <i>approx 986.9 cal.</i> 13.90	DA PIZZI VEGI  Pizza Popeye with spinach and fried egg <i>approx 986.9 cal.</i> 13.90	DA PIZZI VEGI  Pizza Popeye with spinach and fried egg <i>approx 986.9 cal.</i> 13.90	DA PIZZI VEGI  Pizza Popeye with spinach and fried egg <i>approx 986.9 cal.</i> 13.90	
GRILL 1 Vol-au-vents Creamy wild mushroom sauce Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 1140.6 cal.</i> 13.90	GRILL 1 Vol-au-vents Creamy wild mushroom sauce Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 1140.6 cal.</i> 13.90	GRILL 1 Vol-au-vents Creamy wild mushroom sauce Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 1140.6 cal.</i> 13.90	GRILL 1 Vol-au-vents Creamy wild mushroom sauce Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 1140.6 cal.</i> 13.90	GRILL 1 The Menu Counter will be closed today. 13.90
GRILL 2 Venison stew Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 969.2 cal. / Venison: Austria</i> 19.90	GRILL 2 Venison stew Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 969.2 cal. / Venison: Austria</i> 19.90	GRILL 2 Venison stew Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 969.2 cal. / Venison: Austria</i> 19.90	GRILL 2 Venison stew Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 969.2 cal. / Venison: Austria</i> 19.90	
GRILL 3 Venison entrecôte Cranberry sauce 19.90	GRILL 3 Venison entrecôte Cranberry sauce 19.90	GRILL 3 Venison entrecôte Cranberry sauce 19.90	GRILL 3 Venison entrecôte Cranberry sauce 19.90	GRILL 3 The Menu Counter will be closed today. 19.90

Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 849.8 cal. / Venison: Austria</i>	Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 849.8 cal. / Venison: Austria</i>	Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 849.8 cal. / Venison: Austria</i>	Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 849.8 cal. / Venison: Austria</i>	Spätzli Red cabbage, Brussels sprouts Glazed chestnuts <i>approx 849.8 cal. / Venison: Austria</i>
21.50	21.50	21.50	21.50	17.90
ASIA VEGI  	ASIA VEGI  	ASIA VEGI  	ASIA VEGI  	ASIA VEGI  
Indian roasted vegetable curry with chickpeas Basmati rice Cucumber raita <i>approx 720.4 cal.</i>	Indian roasted vegetable curry with chickpeas Basmati rice Cucumber raita <i>approx 720.4 cal.</i>	Indian roasted vegetable curry with chickpeas Basmati rice Cucumber raita <i>approx 720.4 cal.</i>	Indian roasted vegetable curry with chickpeas Basmati rice Cucumber raita <i>approx 720.4 cal.</i>	Indian roasted vegetable curry with chickpeas Basmati rice Cucumber raita <i>approx 720.4 cal.</i>
12.90	12.90	12.90	12.90	12.90
ASIA 1  	ASIA 1  	ASIA 1  	ASIA 1  	ASIA 1  
Tom Kha Gai Thai coconut soup with chicken, mushrooms, vegetables, coconut milk and coriander <i>approx 528.8 cal. / Chicken: Switzerland</i>	Tom Kha Gai Thai coconut soup with chicken, mushrooms, vegetables, coconut milk and coriander <i>approx 528.8 cal. / Chicken: Switzerland</i>	Tom Kha Gai Thai coconut soup with chicken, mushrooms, vegetables, coconut milk and coriander <i>approx 528.8 cal. / Chicken: Switzerland</i>	Tom Kha Gai Thai coconut soup with chicken, mushrooms, vegetables, coconut milk and coriander <i>approx 528.8 cal. / Chicken: Switzerland</i>	Tom Kha Gai Thai coconut soup with chicken, mushrooms, vegetables, coconut milk and coriander <i>approx 528.8 cal. / Chicken: Switzerland</i>
12.90	12.90	12.90	12.90	12.90
ASIA 2 	ASIA 2 	ASIA 2 	ASIA 2 	ASIA 2 
Lamb Rogan Josh Lamb stew with Indian tomato and yoghurt sauce Basmati rice Roasted cashew nuts Cacao beans <i>approx 810.9 cal. / Lamb: Ireland</i>	Lamb Rogan Josh Lamb stew with Indian tomato and yoghurt sauce Basmati rice Roasted cashew nuts Cacao beans <i>approx 810.9 cal. / Lamb: Ireland</i>	Lamb Rogan Josh Lamb stew with Indian tomato and yoghurt sauce Basmati rice Roasted cashew nuts Cacao beans <i>approx 810.9 cal. / Lamb: Ireland</i>	Lamb Rogan Josh Lamb stew with Indian tomato and yoghurt sauce Basmati rice Roasted cashew nuts Cacao beans <i>approx 810.9 cal. / Lamb: Ireland</i>	Lamb Rogan Josh Lamb stew with Indian tomato and yoghurt sauce Basmati rice Roasted cashew nuts Cacao beans <i>approx 810.9 cal. / Lamb: Ireland</i>
16.90	16.90	16.90	16.90	16.90
PASTARIA 	PASTARIA 	PASTARIA 	PASTARIA 	PASTARIA 
Pasta con Polpette al Sugo Homemade organic pasta with tomato sauce, veal meatballs, onions and basil <i>approx 784.7 cal. / Meatballs (veal): Switzerland</i>	Pasta con Polpette al Sugo Homemade organic pasta with tomato sauce, veal meatballs, onions and basil <i>approx 784.7 cal. / Meatballs (veal): Switzerland</i>	Pasta con Polpette al Sugo Homemade organic pasta with tomato sauce, veal meatballs, onions and basil <i>approx 784.7 cal. / Meatballs (veal): Switzerland</i>	Pasta con Polpette al Sugo Homemade organic pasta with tomato sauce, veal meatballs, onions and basil <i>approx 784.7 cal. / Meatballs (veal): Switzerland</i>	Pasta con Polpette al Sugo Homemade organic pasta with tomato sauce, veal meatballs, onions and basil <i>approx 784.7 cal. / Meatballs (veal): Switzerland</i>
14.90	14.90	14.90	14.90	14.90
PASTARIA VEGI	PASTARIA VEGI	PASTARIA VEGI	PASTARIA VEGI	PASTARIA VEGI
Pasta al Pesto e Verdure Homemade organic pasta with	Pasta al Pesto e Verdure Homemade organic pasta with	Pasta al Pesto e Verdure Homemade organic pasta with	Pasta al Pesto e Verdure Homemade organic pasta with	Pasta al Pesto e Verdure Homemade organic pasta with

pesto, vegetables, rocket and Grana Padano flakes
approx 915.9 cal.

13.90

DESSERT

Chestnut panna cotta with caramel apples
approx 229.2 cal.

2.50

pesto, vegetables, rocket and Grana Padano flakes
approx 915.9 cal.

13.90

DESSERT

Mandarine mousse
approx 161.8 cal.

2.50

pesto, vegetables, rocket and Grana Padano flakes
approx 915.9 cal.

13.90

DESSERT

Graubünden nut trifle
approx 433.6 cal.

2.50

pesto, vegetables, rocket and Grana Padano flakes
approx 915.9 cal.

13.90

DESSERT

Banana crème with honey nuts
approx 287.1 cal.

2.50

pesto, vegetables, rocket and Grana Padano flakes
approx 915.9 cal.

13.90

DESSERT

Black Forest cherry cake
approx 143.1 cal.

2.50