

Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 18. November	Tuesday, 19. November	Wednesday, 20. November	Thursday, 21. November	Friday, 22. November
SOUP ASIA Spicy coconut soup with chicken <i>approx 123.60 cal. / Origin Switzerland</i>	SOUP ASIA Spicy coconut soup with chicken <i>approx 123.60 cal. / Origin Switzerland</i>	SOUP ASIA Spicy coconut soup with chicken <i>approx 123.60 cal. / Origin Switzerland</i>	SOUP ASIA Spicy coconut soup with chicken <i>approx 123.60 cal. / Origin Switzerland</i>	SOUP ASIA Spicy coconut soup with chicken <i>approx 123.60 cal. / Origin Switzerland</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
SOUP ITALIA Italian bread soup <i>approx 102.53 cal.</i>	SOUP ITALIA Italian bread soup <i>approx 102.53 cal.</i>	SOUP ITALIA Italian bread soup <i>approx 102.53 cal.</i>	SOUP ITALIA Italian bread soup <i>approx 102.53 cal.</i>	SOUP ITALIA Italian bread soup <i>approx 102.53 cal.</i>
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ASIA WOK  Lamb stripes or sliced valess Rogan Josh sauce Fried rice with egg <i>approx 452.89 cal. / Origin Switzerland</i>	ASIA WOK  Turkey breast cubes or quorn cubes Red curry sauce Rice with sesame <i>approx 450.02 cal. / Origin Switzerland</i>	ASIA WOK  Budha Bowl Seafood or smoked organic tofu Lemongrass broth Udon noodles <i>approx 713.11 cal. / Fish, Origin Italy</i>	ASIA WOK  Sliced veal or paneer dice Spicy vindaloo sauce Turmeric rice <i>approx 454.24 cal. / Beef, Origin Switzerland</i>	ASIA WOK  Fried duck stripes or Tempura vegetables Sweet chili sauce Fried rice with egg <i>approx 771.27 cal. / Origin France</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
PASTARIA  Smoked salmon ravioli Dill lime sauce Marinated arugula <i>approx 535.83 cal. / Fish, Origin Norway</i>	PASTARIA  Organic penne all'arrabbiata bell pepper, onions, tomato, peperocini and spinach <i>approx 498.26 cal.</i>	PASTARIA Organic Caserecce sugo, beef meat balls and oregano <i>approx 988.84 cal. / Beef, Origin Switzerland</i>	PASTARIA Organic pasta with turkey breast cubes and arugula pesto <i>approx 753.94 cal. / Origin Switzerland</i>	PASTARIA  Organic spinat mafalde with air-dried beef, garlic and olive oil <i>approx 740.06 cal. / Beef, Origin Italy</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
DA PIZZI  Pizza with salami and mushrooms Pizza with grilled vegetables <i>approx 1491.28 cal. / Pork, Origin Italy</i>	DA PIZZI  Pizza with anchovies, olive, and capers Pizza with cherry tomatoes, basil and buffalo mozzarella <i>approx 1387.18 cal. / Fish, Origin Italy</i>	DA PIZZI  Pizza turkey, pineapple and oregano Pizza with gorgonzola, spinach and redwine pear <i>approx 1437.34 cal. / Origin Switzerland</i>	DA PIZZI  Pizza with pastrami, arugula and parmesan Pizza with broccoli and pine nuts <i>approx 1636.23 cal. / Beef, Origin Switzerland</i>	DA PIZZI  Pizza with chorizo and spinach Pizza with pecorino, cicco rosso and prezzemolo <i>approx 1846.12 cal. / Pork, Origin Switzerland</i>
INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50
GRILL & ROAST Lumberjack pork steak Homemade herb butter Sweet potatoe fries Roastet vegetables <i>approx 796.46 cal. / Pork, Origin Switzerland</i>	GRILL & ROAST  Veal escalope sandwich Sweet pepper confit Mixed leaf salad with apple <i>approx 502.07 cal. / Beef, Origin Switzerland</i>	GRILL & ROAST Breaded chicken Vienna style Cranberries Potato salad with cucumber Grilled carrots <i>approx 745.37 cal. / Origin Switzerland</i>	GRILL & ROAST Little Italy Burger Spicy beef patty Provolone, tomato pesto Mediterranean spiced fries <i>approx 1004.02 cal. / Beef, Origin Switzerland</i>	GRILL & ROAST Paella Andaluz Grilled fish, Seafood Saffron rice <i>approx 825.44 cal. / Fish, Origin Vietnam</i>
INT / EXT CHF 15.50 / 18.50	INT / EXT CHF 17.50 / 20.50	INT / EXT CHF 16.50 / 19.50	INT / EXT CHF 16.50 / 19.50	INT / EXT CHF 17.50 / 20.50
DESSERT Crepes with orange sauce <i>approx 201.16 cal.</i>	DESSERT Chocolate mousse <i>approx 265.24 cal.</i>	DESSERT caramel cream <i>approx 139.07 cal.</i>	DESSERT Clafoutis with plums <i>approx 210.42 cal.</i>	DESSERT Profiteroles with chocolate sauce <i>approx 240.85 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50