

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 19. May	Tuesday, 20. May	Wednesday, 21. May	Thursday, 22. May	Friday, 23. May
SUPPE Oriental chickpea soup with mint <i>approx 140.6 cal.</i>	SUPPE Vegan broccoli soup <i>approx 69.1 cal.</i>	SUPPE Cream of tomato soup <i>approx 120.5 cal.</i>	SUPPE Cream of corn soup <i>approx 118.0 cal.</i>	SUPPE Potato and parsley soup <i>approx 109.9 cal.</i>
2.50	2.50	2.50	2.50	2.50
AROUND THE WORLD Small sausage meat dumplings Creamy mushroom sauce Puff pastry vol-au-vents French fries Glazed carrots <i>approx 1089.1 cal. / Small sausage-meat dumplings (pork): Switzerland</i>	AROUND THE WORLD Asparagus from Flaacher Spargelhof Spaltenstein Sliced pork Calvados sauce Wholegrain fusilli Fried green asparagus <i>approx 673.4 cal. / Pork: Switzerland</i>	AROUND THE WORLD Roast shoulder of veal Thyme sauce Bramata polenta Fried courgettes <i>approx 557.9 cal. / Veal: Switzerland</i>	AROUND THE WORLD Turkey schnitzel in cornflake breading Chipotle sauce Fried potatoes Glazed sugar snap peas <i>approx 935.7 cal. / Turkey: France</i>	AROUND THE WORLD Marinated white trout fillet Lemon sauce Pilaf rice Fennel with saffron <i>approx 698.2 cal. / Trout: Turkey</i>
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
ENJOY GREEN Broccoli and millet patty Chervil quark Baked celery Baked red bell peppers <i>approx 392.2 cal.</i>	ENJOY GREEN Pita bread filled with falafel, sesame soy yoghurt, cos lettuce and red cabbage Moroccan tomato salad <i>approx 690.6 cal.</i>	ENJOY GREEN Korean fried organic tofu Soy and chilli sauce Jasmine rice Pak choi with pineapple and chilli <i>approx 1181.6 cal.</i>	ENJOY GREEN Nordic Spirit Bowl Baked carrots, cranberry and beetroot salad, cucumber, egg, tender wheat and honey-dill sour cream <i>approx 487.0 cal.</i>	ENJOY GREEN Parmigiana Aubergine casserole with tomato sauce, mozzarella and basil Rosemary focaccia Marinated rocket <i>approx 746.6 cal. / Bread: Italy</i>
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
DESSERT Vegan cheesecake <i>approx 473.5 cal.</i>	DESSERT Toblerone mousse <i>approx 318.9 cal.</i>	DESSERT Rhubarb and vanilla trifle <i>approx 152.7 cal.</i>	DESSERT Vegan crème caramel with walnuts <i>approx 178.8 cal.</i>	DESSERT Strawberry roulade <i>approx 167.5 cal.</i>
2.50	2.50	2.50	2.50	2.50