

## Staff restaurant Eldora - Roche Quadra Terra / Quadra

| Monday, 12. May                                                                                                                                                                                                                                       | Tuesday, 13. May                                                                                                                                                                                                                                                     | Wednesday, 14. May                                                                                                                                                                                                       | Thursday, 15. May                                                                                                                                                                                                                | Friday, 16. May                                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div><div>SUPPE</div><div><div>Asian vegetable soup with coconut milk</div><div><i>approx 136.8 cal.</i></div></div></div>                                                                                                                            | <div><div>SUPPE</div><div><div>Vegan kohlrabi soup</div><div><i>approx 66.7 cal.</i></div></div></div>                                                                                                                                                               | <div><div>SUPPE</div><div><div>Vegetable broth with egg and vegetable strips</div><div><i>approx 29.2 cal.</i></div></div></div>                                                                                         | <div><div>SUPPE</div><div><div>Cream of cress soup</div><div><i>approx 103.3 cal.</i></div></div></div>                                                                                                                          | <div><div>SUPPE</div><div><div>Roasted semolina soup</div><div><i>approx 131.4 cal.</i></div></div></div>                                                                                                                                             |
| 2.50                                                                                                                                                                                                                                                  | 2.50                                                                                                                                                                                                                                                                 | 2.50                                                                                                                                                                                                                     | 2.50                                                                                                                                                                                                                             | 2.50                                                                                                                                                                                                                                                  |
| <div><div>AROUND THE WORLD</div><div><div>Sliced beef Stroganoff</div><div>Paprika sauce with mushrooms and gherkins</div><div>Mixed wild rice</div><div>Kohlrabi with herbs</div><div><i>approx 596.9 cal. / Beef: Switzerland</i></div></div></div> | <div><div>AROUND THE WORLD</div><div><div>Eurovision</div><div>Köttbullar meatballs</div><div>Cream sauce</div><div>Mashed potatoes</div><div>Cranberries</div><div>Green beans</div><div><i>approx 796.3 cal. / Meatballs (beef): Switzerland</i></div></div></div> | <div><div>AROUND THE WORLD</div><div><div>Thai red curry with shrimps</div><div>Jasmine rice</div><div>Fried vegetables with Mu-Err mushrooms</div><div><i>approx 672.3 cal. / Shrimps: Bangladesh</i></div></div></div> | <div><div>AROUND THE WORLD</div><div><div>Pork Saltimbocca</div><div>Balsamic gravy</div><div>Tagliatelle</div><div>Romanesco</div><div><i>approx 657.9 cal. / Pork: Switzerland</i></div></div></div>                           | <div><div>AROUND THE WORLD</div><div><div>Lemon chicken breast</div><div>Tahini yoghurt dip</div><div>Saffron quinoa</div><div>Oriental oven-baked vegetables with sesame</div><div><i>approx 547.5 cal. / Chicken: Switzerland</i></div></div></div> |
| INT CHF 12.00 / EXT CHF 15.50                                                                                                                                                                                                                         | INT CHF 12.00 / EXT CHF 15.50                                                                                                                                                                                                                                        | INT CHF 12.00 / EXT CHF 15.50                                                                                                                                                                                            | INT CHF 12.00 / EXT CHF 15.50                                                                                                                                                                                                    | INT CHF 12.00 / EXT CHF 15.50                                                                                                                                                                                                                         |
| <div><div>ENJOY GREEN</div><div><div>Indian vegetable samosas</div><div>Lentil dal</div><div>Raita</div><div>Naan bread</div><div><i>approx 766.0 cal.</i></div></div></div>                                                                          | <div><div>ENJOY GREEN</div><div><div>Shawarma with plant-based chicken, lemon dip, gherkins, tomatoes, onions, parsley and iceberg lettuce</div><div>Lukewarm tabbouleh</div><div><i>approx 944.1 cal.</i></div></div></div>                                         | <div><div>ENJOY GREEN</div><div><div>Homemade asparagus lasagne with spring onions and chervil</div><div>Tomato sauce</div><div>Garden cress</div><div><i>approx 583.9 cal.</i></div></div></div>                        | <div><div>ENJOY GREEN</div><div><div>Eurovision</div><div>Prebranac</div><div>Serbian bean casserole with bell peppers</div><div>Pita bread</div><div>Coleslaw with caraway</div><div><i>approx 669.6 cal.</i></div></div></div> | <div><div>ENJOY GREEN</div><div><div>Roasted cauliflower steaks</div><div>Chimichurri</div><div>Oven-baked sweet potatoes</div><div>Spinach</div><div><i>approx 509.5 cal.</i></div></div></div>                                                      |
| INT CHF 9.00 / EXT CHF 12.50                                                                                                                                                                                                                          | INT CHF 9.00 / EXT CHF 12.50                                                                                                                                                                                                                                         | INT CHF 9.00 / EXT CHF 12.50                                                                                                                                                                                             | INT CHF 9.00 / EXT CHF 12.50                                                                                                                                                                                                     | INT CHF 9.00 / EXT CHF 12.50                                                                                                                                                                                                                          |
| <div><div>DESSERT</div><div><div>Coffee flan with whipped cream</div><div><i>approx 305.1 cal.</i></div></div></div>                                                                                                                                  | <div><div>DESSERT</div><div><div>Eurovision</div><div>Pastel de Nata</div><div><i>approx 158.7 cal. / Pastel de Nata: Portugal</i></div></div></div>                                                                                                                 | <div><div>DESSERT</div><div><div>Lemon crème with marinated strawberries and crunch</div><div><i>approx 160.5 cal.</i></div></div></div>                                                                                 | <div><div>DESSERT</div><div><div>Eurovision</div><div>Kaiserschmarrn (Austrian pancakes) with raisins, vanilla sauce, cherry compote and icing sugar</div><div><i>approx 692.0 cal.</i></div></div></div>                        | <div><div>DESSERT</div><div><div>Chocolate and peanut trifle</div><div><i>approx 326.3 cal.</i></div></div></div>                                                                                                                                     |
| 2.50                                                                                                                                                                                                                                                  | 2.50                                                                                                                                                                                                                                                                 | 2.50                                                                                                                                                                                                                     | 2.50                                                                                                                                                                                                                             | 2.50                                                                                                                                                                                                                                                  |