

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 18. January	Tuesday, 19. January	Wednesday, 20. January	Thursday, 21. January	Friday, 22. January
SOUP  Arugula cream soup <i>approx 102.50 cal.</i>	SOUP  Bean cream soup with roasted nuts <i>approx 22.76 cal.</i>	SOUP  Vegetable cream soup <i>approx 105.74 cal.</i>	SOUP  Tomato soup with basil <i>approx 167.78 cal.</i>	SOUP  Roasted cauliflower coconut soup <i>approx 97.75 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
ALPINE CUISINE  Rigatoni Cinque Pi Tomato cream sauce Mediterranean grilled vegetables Herbal oil <i>approx 656.39 cal.</i>	ALPINE CUISINE  Roasted chamois from the oven Strong marjoram jus Bramata polenta Glazed root vegetables <i>approx 894.13 cal. / Pork, Origin Switzerland</i>	ALPINE CUISINE  Paella Ibiza with chicken, prawns & mussels Bell peppers and peas Crunchy calamare rings Aioli <i>approx 850.97 cal. / Fish, Origin Switzerland, Vietnam</i>	ALPINE CUISINE Fried chicken steak in a corn flake coating Homemade BBQ sauce Spinach noodles Cauliflower with diced tomatoes <i>approx 944.02 cal. / Origin Switzerland</i>	ALPINE CUISINE  Celery schnitzel Honey dill dip Cereal risotto Kefen <i>approx 800.63 cal.</i>
INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50
AROUND THE WORLD Sliced beef Stroganoff Bell pepper sauce Mashed potatoes Green beans with onions <i>approx 675.39 cal. / Beef, Origin Switzerland</i>	AROUND THE WORLD  Vegetable curry Falafel balls Broccoli with sesame seeds Citrus yogurt Papadums <i>approx 649.39 cal.</i>	AROUND THE WORLD  Potato and spinach quiche Sour cream with nuts Pan of vegetables Marinated spinach <i>approx 877.11 cal.</i>	AROUND THE WORLD  Golden yellow paneer cheese Tamarind dip Ebly with vegetable strips Courgette with olives <i>approx 578.71 cal.</i>	AROUND THE WORLD  Currywurst Berlin style Currywurst sauce French fries Coleslaw <i>approx 956.35 cal. / Beef, Pork, Origin Switzerland</i>
INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50
DESSERT  Straciatella cream <i>approx 239.70 cal.</i>	DESSERT  Mango mousse with lemon crumble <i>approx 174.53 cal.</i>	DESSERT  Apple crumble cake <i>approx 251.62 cal.</i>	DESSERT  Raspberry mascarpone cream <i>approx 96.32 cal.</i>	DESSERT  Apricot and yogurt trifle <i>approx 238.56 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50