























Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 11. November	Tuesday, 12. November	Wednesday, 13. November	Thursday, 14. November	Friday, 15. November
SOUP ASIA Chicken Cashew soup <i>approx 219.56 cal. / Origin Switzerland</i>	SOUP ASIA Chicken Cashew soup <i>approx 219.56 cal. / Origin Switzerland</i>	SOUP ASIA Chicken Cashew soup <i>approx 219.56 cal. / Origin Switzerland</i>	SOUP ASIA Chicken Cashew soup <i>approx 219.56 cal. / Origin Switzerland</i>	SOUP ASIA Chicken Cashew soup <i>approx 219.56 cal. / Origin Switzerland</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
SOUP ITALIA  Cream soup with mascarpone, thym and mushrooms <i>approx 202.81 cal.</i>	SOUP ITALIA  Cream soup with mascarpone, thym and mushrooms <i>approx 202.81 cal.</i>	SOUP ITALIA  Cream soup with mascarpone, thym and mushrooms <i>approx 202.81 cal.</i>	SOUP ITALIA  Cream soup with mascarpone, thym and mushrooms <i>approx 202.81 cal.</i>	SOUP ITALIA  Cream soup with mascarpone, thym and mushrooms <i>approx 202.81 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
ASIA WOK    Shrimps or quorn cubes Pellala sauce Sesam rice <i>approx 460.03 cal. / Fish, Origin Vietnam</i>	ASIA WOK    Beef stripes or plantain Koa Soy sauce Rice noodles with coriander <i>approx 458.40 cal. / Beef, Origin Switzerland</i>	ASIA WOK   Duck stripes or saitan slices Malaysian curry sauce Rasins rice <i>approx 629.23 cal. / Origin France</i>	ASIA WOK   Chicken cubes or sliced valees Sumatra Sauce Jasmine rice <i>approx 485.98 cal. / Origin Switzerland</i>	ASIA WOK    Red snapper or tempeh Opor curry sauce Soba noodles <i>approx 362.40 cal. / Fish, Origin Northeast Atlantic</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
PASTARIA Organic whole meal fusilli Tomato and ricotta cheese sauce Bresaola and radicchio <i>approx 804.28 cal. / Beef, Origin Italy</i>	PASTARIA Organic penne all'amatriciana with pancetta, onions and tomato <i>approx 756.25 cal. / Pork, Origin Switzerland</i>	PASTARIA Organic tagliatelle Parmesan sauce with bacon, mushrooms and parsley <i>approx 744.07 cal. / Pork, Origin Switzerland</i>	PASTARIA Gnocchi Creamy tartufo sauce Zucchini strips and smoked turkey <i>approx 656.72 cal. / Origin Switzerland</i>	PASTARIA Ravioli di Brasato Sweet sour sweet pepper Nut butter Confit garlic <i>approx 781.59 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50	INT / EXT CHF 14.50 / 17.50
DA PIZZI  Pizza with smoked bacon Pizza with peas, spinach and zucchini <i>approx 1510.98 cal. / Pork, Origin Switzerland</i>	DA PIZZI  Pizza with prawns, garlic and spinach Pizza with sweet peppers, red onions <i>approx 1450.81 cal. / Fish, Origin Vietnam</i>	DA PIZZI  Pizza Calzone with ham and mushrooms Pizza with roquefort, pear and rocket <i>approx 1495.67 cal. / Pork, Origin Switzerland</i>	DA PIZZI  Pizza with gravad salmon and capers Pizza with tomato and red onions <i>approx 1454.88 cal. / Fish, Origin Norway</i>	DA PIZZI  Pizza with veal stripes and olives Pizza with balsamic onions and parmesan <i>approx 1464.82 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50	INT / EXT CHF 12.50 / 15.50
GRILL & ROAST Corn-fed poulard breast from the grill Gravy Polenta Glazed radish <i>approx 856.56 cal. / Origin France</i>	GRILL & ROAST Sea bass saltimbocca Dried tomato limes emulsion Fregola Sarda Romanesco <i>approx 938.28 cal. / Pork, Fish, Origin Turkey</i>	GRILL & ROAST Veal steak from the grill Basil salsa Dauphin potatoes Mediterranean vegetables <i>approx 1069.46 cal. / Beef, Origin Switzerland</i>	GRILL & ROAST Pulled pork Burger Pulled pork in brioch bun BBQ sauce and crispy onions Sweet potato fries Cabbage carrot salad <i>approx 692.96 cal. / Pork, Origin Switzerland</i>	GRILL & ROAST Beef steak tatar Tatar sauce Butter and toast Pickled cucumber, caper and onions <i>approx 947.68 cal. / Beef, Origin Switzerland</i>
INT / EXT CHF 17.00 / 20.00	INT / EXT CHF 17.50 / 20.50	INT / EXT CHF 20.50 / 23.50	INT / EXT CHF 15.50 / 18.50	INT / EXT CHF 18.00 / 21.00
DESSERT Crema catalana <i>approx 139.07 cal.</i>	DESSERT Apple tiramisu <i>approx 206.85 cal.</i>	DESSERT Pumpkin brownie <i>approx 239.97 cal.</i>	DESSERT Trilogy in glass <i>approx 82.71 cal.</i>	DESSERT Chocolate mint trifle <i>approx 198.81 cal.</i>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50