












Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 03. August	Tuesday, 04. August	Wednesday, 05. August	Thursday, 06. August	Friday, 07. August
SOUP  <p>Tomato cream soup <i>approx 123.24 cal.</i></p>	SOUP  <p>Cream of corn soup with popcorn <i>approx 201.14 cal.</i></p>	SOUP  <p>Vegetable broth with leek slivers <i>approx 11.02 cal.</i></p>	SOUP  <p>Summer pumpkin soup with seeds <i>approx 136.02 cal.</i></p>	SOUP  <p>Celery cream soup <i>approx 171.48 cal.</i></p>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
ALPINE CUISINE  <p>Oriental chickpea stew Vegetable-rice pan with courgette and shallots Mint dip and arugula <i>approx 594.35 cal.</i></p>	ALPINE CUISINE  <p>Spinach and cheese quiche Oven vegetables Balsamic pears <i>approx 792.06 cal.</i></p>	ALPINE CUISINE  <p>Potato noodles with broccoli, radishes and mixed mushrooms Marinated spinach Herbs oil <i>approx 517.06 cal.</i></p>	ALPINE CUISINE  <p>Lentils dal Naan bread Spicy yoghurt Oven roasted eggplants <i>approx 673.96 cal.</i></p>	ALPINE CUISINE  <p>Grilled paneer cheese Sesame soy sauce Glass noodle salad Summer vegetables <i>approx 679.57 cal.</i></p>
INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50
AROUND THE WORLD <p>Minced beef steak Apple-bacon sauce Mashed potatoes Peas <i>approx 774.59 cal. / Beef, Origin Switzerland</i></p>	AROUND THE WORLD <p>Veal slices Mushroom cream sauce Farfalle noodles Glazed carrots <i>approx 614.52 cal. / Beef, Origin Switzerland</i></p>	AROUND THE WORLD <p>Pork cordon bleu Ketchup Country cuts Cucumber salad <i>approx 878.72 cal. / Pork, Origin Switzerland</i></p>	AROUND THE WORLD  <p>Roasted beef shoulder Red wine sauce Bramata polenta Root vegetables <i>approx 612.27 cal. / Beef, Origin Switzerland</i></p>	AROUND THE WORLD <p>Roasted chicken Honey mustard dipping Duchesse potatoes Coleslaw salad <i>approx 888.66 cal. / Origin Switzerland</i></p>
INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50
DESSERT <p>Caramel cream <i>approx 341.47 cal.</i></p>	DESSERT <p>Melon apricot cream <i>approx 19.08 cal.</i></p>	DESSERT <p>Almond cake <i>approx 256.65 cal.</i></p>	DESSERT <p>Chocolate tiramisu <i>approx 262.44 cal.</i></p>	DESSERT <p>Yoghurt cantuccini dessert <i>approx 169.82 cal.</i></p>
INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50