

Staff restaurant Eldora - Roche Convivo / Convivo

Monday, 16. May	Tuesday, 17. May	Wednesday, 18. May	Thursday, 19. May	Friday, 20. May
SOUP  Chicken cream soup with vegetables <i>approx 113.0 cal.</i>	SOUP   Tom ka phak Thai coconut and lemongrass soup with tofu, mushrooms, chilli and lime <i>approx 362.2 cal.</i>	SOUP   Vegan potato soup <i>approx 96.1 cal.</i>	SOUP   Asparagus cream soup <i>approx 78.8 cal.</i>	SOUP   Vegan spinach soup <i>approx 70.9 cal.</i>
INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50
ALPINE CUISINE  Gnocchi all'arrabbiata Gnocchi with spicy tomato sauce, roasted vegetables, olives and grated cheese <i>approx 631.9 cal.</i>	ALPINE CUISINE  Sliced quorn Zurich style with mushroom sauce Roesti Tomato Provencal style <i>approx 600.7 cal.</i>	ALPINE CUISINE   Wild garlic risotto with asparagus, mascarpone, cress, almonds and Grana Padano flakes <i>approx 737.4 cal.</i>	ALPINE CUISINE Swiss Fleischkäse meatloaf Fried egg Fried potatoes Creamed spinach <i>approx 730.8 cal. / Meatloaf (Pork, Veal): Switzerland</i>	ALPINE CUISINE  Vegetarian Swiss alpine pasta with mountain cheese, potatoes, fried onions and caramelised apple slices <i>approx 1014.9 cal.</i>
INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 11.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 11.50
AROUND THE WORLD   Smart Eating Peru Lomo Saltado Fried beef strips with baked potatoes, chillies, tomatoes, peperoncini and coriander Whole rice <i>approx 491.0 cal. / Beef: Switzerland</i>	AROUND THE WORLD   Smart Eating Peru Prawn ceviche Mango leche de tigre with chillies, onions, corn, celery and avocado Baked sweet potatoes <i>approx 405.6 cal. / Shrimps: Vietnam</i>	AROUND THE WORLD   Smart Eating Peru Quinoa with coco beans Grilled chicken breast Aji amarillo sauce Banana chip <i>approx 464.3 cal. / Chicken: Switzerland</i>	AROUND THE WORLD   Smart Eating Peru Stuffed sweet potato with bean puree, portobello mushrooms, feta and pickled red onions Pico de Gallo Spinach salad with puffed amaranth <i>approx 511.9 cal.</i>	AROUND THE WORLD   Smart Eating Peru Colourful potato salad Spring onions, beans, olives, carrots and coriander Fried trout fillet Tomato chilli salsa <i>approx 568.7 cal. / Trout: Turkey</i>
INT CHF 11.50 / EXT CHF 14.50	INT CHF 11.50 / EXT CHF 14.50	INT CHF 11.50 / EXT CHF 14.50	INT CHF 8.50 / EXT CHF 11.50	INT CHF 11.50 / EXT CHF 14.50
DESSERT  Chocolate coconut cake <i>approx 212.0 cal.</i>	DESSERT   Vegan caramel cream with walnuts <i>approx 178.0 cal.</i>	DESSERT   Chocolate mousse <i>approx 300.7 cal.</i>	DESSERT  Apple crumble cake <i>approx 348.4 cal.</i>	DESSERT  Panna cotta with strawberry sauce <i>approx 325.1 cal.</i>
INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50	INT CHF 1.80 / EXT CHF 2.50