





Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 28. April	Tuesday, 29. April	Wednesday, 30. April	Thursday, 01. May	Friday, 02. May
DAILY SOUP  Vegan carrot and ginger soup <i>approx 72.0 cal.</i>	DAILY SOUP  Vegetable broth with fried batter pearls and vegetable strips <i>approx 70.7 cal.</i>	DAILY SOUP  Cream of cauliflower soup <i>approx 112.3 cal.</i>	DAILY SOUP  Vegan asparagus soup <i>approx 62.6 cal.</i>	DAILY SOUP  Cream of spinach soup <i>approx 75.8 cal.</i>
2.50	2.50	2.50	2.50	2.50
DA PIZZI Pizza Sole Mio with shoulder of ham, asparagus and fried egg <i>approx 1027.9 cal. / Ham (pork): Switzerland</i>	DA PIZZI Pizza Sole Mio with shoulder of ham, asparagus and fried egg <i>approx 1027.9 cal. / Ham (pork): Switzerland</i>	DA PIZZI Pizza Sole Mio with shoulder of ham, asparagus and fried egg <i>approx 1027.9 cal. / Ham (pork): Switzerland</i>	DA PIZZI Pizza Sole Mio with shoulder of ham, asparagus and fried egg <i>approx 1027.9 cal. / Ham (pork): Switzerland</i>	DA PIZZI Pizza Sole Mio with shoulder of ham, asparagus and fried egg <i>approx 1027.9 cal. / Ham (pork): Switzerland</i>
14.90	14.90	14.90	14.90	14.90
DA PIZZI VEGI Pizza Lombardia with Gorgonzola and spinach <i>approx 1145.3 cal.</i>	DA PIZZI VEGI Pizza Lombardia with Gorgonzola and spinach <i>approx 1145.3 cal.</i>	DA PIZZI VEGI Pizza Lombardia with Gorgonzola and spinach <i>approx 1145.3 cal.</i>	DA PIZZI VEGI Pizza Lombardia with Gorgonzola and spinach <i>approx 1145.3 cal.</i>	DA PIZZI VEGI Pizza Lombardia with Gorgonzola and spinach <i>approx 1145.3 cal.</i>
13.90	13.90	13.90	13.90	13.90
GRILL 1 Veal bratwurst sausage with asparagus Various sauces to choose from French fries and vegetables of the day <i>approx 1112.4 cal. / Sausage (veal, pork): Switzerland</i>	GRILL 1 Veal bratwurst sausage with asparagus Various sauces to choose from French fries and vegetables of the day <i>approx 1112.4 cal. / Sausage (veal, pork): Switzerland</i>	GRILL 1 Veal bratwurst sausage with asparagus Various sauces to choose from French fries and vegetables of the day <i>approx 1112.4 cal. / Sausage (veal, pork): Switzerland</i>	GRILL 1 Veal bratwurst sausage with asparagus Various sauces to choose from French fries and vegetables of the day <i>approx 1112.4 cal. / Sausage (veal, pork): Switzerland</i>	GRILL 1 The Menu Counter will be closed today.
13.90	13.90	13.90	13.90	13.90
GRILL 2 Roasted lamb shank Various sauces to choose from French fries and vegetables of the day <i>approx 956.4 cal. / Lamb: United Kingdom of Great Britain and Northern Ireland</i>	GRILL 2 Roasted lamb shank Various sauces to choose from French fries and vegetables of the day <i>approx 956.4 cal. / Lamb: United Kingdom of Great Britain and Northern Ireland</i>	GRILL 2 Roasted lamb shank Various sauces to choose from French fries and vegetables of the day <i>approx 956.4 cal. / Lamb: United Kingdom of Great Britain and Northern Ireland</i>	GRILL 2 Roasted lamb shank Various sauces to choose from French fries and vegetables of the day <i>approx 956.4 cal. / Lamb: United Kingdom of Great Britain and Northern Ireland</i>	
21.50	21.50	21.50	21.50	
GRILL 3 Fried red trout fillet	GRILL 3 Fried red trout fillet	GRILL 3 Fried red trout fillet	GRILL 3 Fried red trout fillet	GRILL 3 The Menu Counter will be closed

Various sauces to choose from Side dish and vegetables of the day <i>approx 793.2 cal. / Salmon trout: Italy</i>	Various sauces to choose from Side dish and vegetables of the day <i>approx 793.2 cal. / Salmon trout: Italy</i>	Various sauces to choose from Side dish and vegetables of the day <i>approx 793.2 cal. / Salmon trout: Italy</i>	Various sauces to choose from Side dish and vegetables of the day <i>approx 793.2 cal. / Salmon trout: Italy</i>	today.
17.90	17.90	17.90	17.90	17.90
ASIA VEGI 	ASIA VEGI 	ASIA VEGI 	ASIA VEGI 	ASIA VEGI 
Sliced soy protein Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 768.3 cal.</i>	Sliced soy protein Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 768.3 cal.</i>	Sliced soy protein Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 768.3 cal.</i>	Sliced soy protein Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 768.3 cal.</i>	Sliced soy protein Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 768.3 cal.</i>
14.90	14.90	14.90	14.90	14.90
ASIA 1	ASIA 1	ASIA 1	ASIA 1	ASIA 1
Sliced turkey Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 700.2 cal. / Turkey: France</i>	Sliced turkey Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 700.2 cal. / Turkey: France</i>	Sliced turkey Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 700.2 cal. / Turkey: France</i>	Sliced turkey Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 700.2 cal. / Turkey: France</i>	Sliced turkey Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 700.2 cal. / Turkey: France</i>
15.90	15.90	15.90	15.90	16.90
ASIA 2	ASIA 2	ASIA 2	ASIA 2	ASIA 2
Sliced beef Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 701.4 cal. / Beef: Switzerland</i>	Sliced beef Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 701.4 cal. / Beef: Switzerland</i>	Sliced beef Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 701.4 cal. / Beef: Switzerland</i>	Sliced beef Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 701.4 cal. / Beef: Switzerland</i>	Sliced beef Teriyaki sauce or green Thai curry served with vegetables from the Mix it Buffet and jasmine rice <i>approx 701.4 cal. / Beef: Switzerland</i>
16.90	16.90	16.90	16.90	15.90
PASTARIA 	PASTARIA 	PASTARIA 	PASTARIA 	PASTARIA
Homemade organic pasta with wild garlic pesto, smoked salmon strips, spring onions and lemon pepper <i>approx 806.3 cal. / Salmon: Norway</i>	Homemade organic pasta with wild garlic pesto, smoked salmon strips, spring onions and lemon pepper <i>approx 806.3 cal. / Salmon: Norway</i>	Homemade organic pasta with wild garlic pesto, smoked salmon strips, spring onions and lemon pepper <i>approx 806.3 cal. / Salmon: Norway</i>	Homemade organic pasta with wild garlic pesto, smoked salmon strips, spring onions and lemon pepper <i>approx 806.3 cal. / Salmon: Norway</i>	The Menu Counter will be closed today.
13.90	13.90	13.90	13.90	13.90
PASTARIA VEGI 	PASTARIA VEGI 	PASTARIA VEGI 	PASTARIA VEGI 	

Homemade organic pasta with tomato and mascarpone sauce, bell peppers, olives, basil and rocket <i>approx 730.7 cal.</i>	Homemade organic pasta with tomato and mascarpone sauce, bell peppers, olives, basil and rocket <i>approx 730.7 cal.</i>	Homemade organic pasta with tomato and mascarpone sauce, bell peppers, olives, basil and rocket <i>approx 730.7 cal.</i>	Homemade organic pasta with tomato and mascarpone sauce, bell peppers, olives, basil and rocket <i>approx 730.7 cal.</i>	
12.90	12.90	12.90	12.90	
DESSERT	 DESSERT	 DESSERT	 DESSERT	 DESSERT
Crèma catalana <i>approx 259.7 cal.</i>	Matcha mousse <i>approx 327.1 cal.</i>	Strawberry trifle with vanilla quark and biscuit <i>approx 200.7 cal.</i>	Rhubarb cake <i>approx 264.2 cal.</i>	Coffee crème <i>approx 275.9 cal.</i>
2.50	2.50	2.50	2.50	2.50