Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 30. November		Tuesday, 01. December	Wednesday, 02. December	Thursday, 03. December	Friday, 04. December
SOUP		SOUP 🗗 🧦 🍯	SOUP 👌 🦫 🎺	SOUP	SOUP 💆 🦫 🎺
Bouillon with egg royale		Coconut-curry-soup	Tomato soup with harissa	Vegetable cream soup	Spinach soup
approx 29.68 cal.		approx 75.51 cal.	approx 167.78 cal.	approx 105.74 cal.	approx 44.42 cal.
INT / EXT CHF 1.80 / 2.50		INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50
ALPINE CUISINE		ALPINE CUISINE	ALPINE CUISINE	ALPINE CUISINE	ALPINE CUISINE
Veal sausage cutlet with Emmental cheese Rosemary gravy Oven fried potatoes Green Beans		Fried napkin dumplings Forest mushroom sauce Red cabbage Apple with red currants	Sliced veal Pepe Green pepper sauce Homemade pasta Glazed winter vegetables	Spinach risotto Baked Brie cheese Caramelized nuts Melted grapes	Puff pastry patties Valess vegetable ragout Peas with carrots
approx 961.84 cal. / Beef, Pork, Origin Switzerland		approx 850.91 cal.	approx 883.98 cal. / Beef, Origin Switzerland	approx 738.97 cal.	approx 1109.44 cal.
INT / EXT CHF 11.50 / 14.50		INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 8.50 / 11.50
AROUND THE WORLD		AROUND THE WORLD	AROUND THE WORLD PROPERTY AND AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD
Homemade arancini Oven baked vegetables Hazelnut curd Marinated arugula		Chicken - red wine stew Bramata polenta with tomatoes Braised courgette with olives	Sweet and sour vegetables Cauliflower, pineapple Carrots, broccoli, red onions Basmati rice with cashew nuts	BIO beef hamburgers from Uelihof with sesambun, raclette cheese lceberg lettuce, pickled onions BBQ sauce French fries	Breaded cod fillet Quark dipping with fresh herbs Lemon rice Pumpkin from the oven
approx 680.59 cal.		approx 995.17 cal. / Origin Switzerland	approx 527.45 cal.	approx 910.21 cal. / Beef, Origin Switzerland	approx 828.22 cal. / Fish, Origin Netherlands
INT / EXT CHF 8.50 / 11.50		INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 8.50 / 11.50	INT / EXT CHF 11.50 / 14.50	INT / EXT CHF 11.50 / 14.50
DESSERT		DESSERT	DESSERT	DESSERT	DESSERT
Vanilla cream	•	Coconut flan	Passion fruit mousse	Brownie	Charlotte Royal
with raspberry approx 152.42 cal.		with mango chutney approx 835.20 cal.	approx 601.15 cal.	approx 279.03 cal.	approx 487.06 cal.
INT / EXT CHF 1.80 / 2.50		INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50	INT / EXT CHF 1.80 / 2.50