

















## Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 16. December	Tuesday, 17. December	Wednesday, 18. December	Thursday, 19. December	Friday, 20. December
<b>SOUP</b>  <p>Pea Soup with tamarind approx 162.64 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>SOUP</b>  <p>Potato soup with savory approx 186.45 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>SOUP</b> <p>Beef bouillon with fried puff pearls approx 45.63 cal. / Beef</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>SOUP</b>  <p>Cellery cream soup with almond brittle approx 140.00 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>SOUP</b>  <p>Sweet pepper soup with arrugula oil approx 177.27 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>
<b>ALPINE CUISINE</b>  <p>Steamed european plaice fillet White wine sauce with herbs Mashed Sweet potatoes Tomato celery ragout approx 640.31 cal. / Fish</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>ALPINE CUISINE</b>  <p>Penne Cream sauce with vegetable strips Oven vegetables with oregano Grated cheese approx 926.99 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>ALPINE CUISINE</b> <p>Veal minced steak Mushroom sauce Barley risotto Green beans approx 644.40 cal. / Beef, Origin Switzerland</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>ALPINE CUISINE</b> <p>Christmas Menu  approx 140.00 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>ALPINE CUISINE</b> <p>Pork sausage Onion sauce Roasted potatoes Cauliflower with breadcrumbs approx 885.46 cal. / Pork, Origin Switzerland</p> <p>INT / EXT CHF 8.50 / 11.50</p>
<b>AROUND THE WORLD</b> <p>Breaded chicken escalope Tomato sugo Tagliatelle pasta Broccoli with almonds  approx 941.65 cal. / Origin Switzerland</p> <p>INT / EXT CHF 11.50 / 14.50</p>	<b>AROUND THE WORLD</b>  <p>Suure Mocke Braised beef in red wine sauce Mashed potatoes Sugar peas  approx 683.95 cal. / Beef, Pork, Origin Switzerland</p> <p>INT / EXT CHF 11.50 / 14.50</p>	<b>AROUND THE WORLD</b> <p>Chicken Tikka Masala Chickenragout Tomato curry sauce Basmati rice Papadums &amp; raita Oven roasted eggplants approx 833.12 cal. / Origin Switzerland</p> <p>INT / EXT CHF 11.50 / 14.50</p>	<b>AROUND THE WORLD</b> <p>Christmas Menu  approx 140.00 cal.</p> <p>INT / EXT CHF 11.50 / 14.50</p>	<b>AROUND THE WORLD</b> <p>Sliced turkey Gros-grains mustard sauce Herb noodles Roasted zucchini  approx 665.42 cal. / Origin Switzerland</p> <p>INT / EXT CHF 11.50 / 14.50</p>
<b>VEGI MENU</b>  <p>Feta from the oven Risotto from ebly Fennel with herbs  approx 777.79 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>VEGI MENU</b>  <p>Seitan chick peas stew Sweet and sour Coconut curry asia vegetables  approx 389.72 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>VEGI MENU</b>  <p>Soy goulash Boiled potatoes with parsley Mixed vegetables  approx 362.28 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>VEGI MENU</b> <p>Christmas Menu  approx 140.00 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>	<b>VEGI MENU</b>  <p>Organic herb tofu piccata Yogurt mint dip Couscous with dried fruits Glazed carrots with sesame approx 588.61 cal.</p> <p>INT / EXT CHF 8.50 / 11.50</p>
<b>HOT BUFFET</b>  <p>Veal stew Tarragon mustard sauce Turmeric rice Mixed vegetables Beef, Origin Switzerland On our buffets you will always find vegetarian and vegan as well as lactose- and gluten-free options. Please see the labels on the buffet for nutritional information.</p> <p>INT / EXT CHF 2.80 / 3.80 per 100 g</p>	<b>HOT BUFFET</b> <p>Crispy squid rings Sauce remoulade Bulgur with butter Lettuce with vegetables stripes Fish On our buffets you will always find vegetarian and vegan as well as lactose- and gluten-free options. Please see the labels on the buffet for nutritional information.</p> <p>INT / EXT CHF 2.80 / 3.80 per 100 g</p>	<b>HOT BUFFET</b> <p>Deer stew Spätzle Brussels sprouts  Pork, Origin Austria On our buffets you will always find vegetarian and vegan as well as lactose- and gluten-free options. Please see the labels on the buffet for nutritional information.</p> <p>INT / EXT CHF 2.80 / 3.80 per 100 g</p>	<b>HOT BUFFET</b>  <p>Turkey ragout "Stroganoff" Paprika sauce Vegetable rice Letzscho Origin Switzerland On our buffets you will always find vegetarian and vegan as well as lactose- and gluten-free options. Please see the labels on the buffet for nutritional information.</p> <p>INT / EXT CHF 2.80 / 3.80 per 100 g</p>	<b>HOT BUFFET</b> <p>Filets of whitefish with egg butter Lime sauce with butter Vegetable rice Cabbage stalk Origin Switzerland On our buffets you will always find vegetarian and vegan as well as lactose- and gluten-free options. Please see the labels on the buffet for nutritional information.</p> <p>INT / EXT CHF 2.80 / 3.80 per 100 g</p>
<b>DESSERT</b>  <p>Crunchy nuts with honey approx 89.99 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>DESSERT</b>  <p>Panna cotta with coconut and avocado approx 79.48 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>DESSERT</b> <p>Apricot tart approx 125.07 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>DESSERT</b> <p>Christmas Menu approx 140.00 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>	<b>DESSERT</b>  <p>Currant cream approx 160.80 cal.</p> <p>INT / EXT CHF 1.80 / 2.50</p>